CONTACT: GLORIA ALLRED

(323) 653-6530

Email: gallred@amglaw.com

## **Statement of Thalia Graves**

The internal pain after being sexually assaulted has been incredibly deep and hard to put into words. It goes beyond just the physical harm caused during the assault. It's a pain that reaches into the very core of who I am leaving emotional scars that may never fully heal.

Some of the hardest parts of this pain are the shame and guilt I have experienced that plays a negative part in my day-to-day ability to function properly. Being blamed, questioned and threatened has often made me feel worthless, isolated and sometimes responsible for what happened to me.

My family issues made the pain even worse. I was already going through a divorce at the time of the assault and did not get the support I needed. I was also faced with disbelief and judgment. This has put a strain on my selection of men in relationships where they become aggressive and abusive which has made me feel even more alone in my struggles.

I go through spells of being so distant and withdrawn that it is sometimes hard to leave my house.

The trauma of the assault has taken a toll on my mental health. I have PTSD, depression, and anxiety. I am emotionally scarred. It has been hard for me to trust others, form healthy relationships, or feel safe in my own skin. Flashbacks, nightmares, and intrusive thoughts make my life feel like a constant struggle.

I also suffer with physical problems, such as chronic pain, and sexual discomfort. The violation I have experienced during the assault have had lasting effects on my body, causing ongoing health problems and complications. The combination of physical and emotional pain has created a cycle of suffering from which it is hard to break free.

I want to continue on this journey toward recovery and healing. I am glad that he is locked up but that's a temporary feeling of relief.

Statement of Thalia Graves

Represented by attorney Gloria Allred and co-counsel Mariann Wang

September 24, 2024